

CENTRAL

**TAEKWONDO**  
ACADEMY



Presents...



SATURDAY 2<sup>nd</sup> OCTOBER 2010

GRANGEMOUTH SPORTS COMPLEX

CENTRAL SCOTLAND

# COMPETITION DETAILS

## **Organiser:**

Master David Bailey 7<sup>th</sup> Dan/WTF, E-mail: [info@centralkd.co.uk](mailto:info@centralkd.co.uk), Tel: +44 (0)7812-580898

## **Poomsae Judges Director:**

GM T.W. Shin 8<sup>th</sup> Dan (IR), E-mail: [twshin@btinternet.com](mailto:twshin@btinternet.com)

## **Venue:**

Grangemouth Sports Complex, Abbots Road, Grangemouth, FK3 9JD. Tel: 01324-504560

## **Date:**

Saturday 2<sup>nd</sup> October

## **Time:**

08.30 – 09.30 Doors Open / Registration

10:00 - Start of the competition

17:00 – Finish (approx.)

18.00 – Awards Ceremony

**ENTRIES MUST BE RECEIVED BY THURSDAY 23<sup>RD</sup> SEPTEMBER**

*All UK competitors must hold a valid BTCB licence and insurance.*

Completed entry forms must be sent for each competitor along with fees by **Thursday 23<sup>rd</sup> Sept 2010** to:

**Central Taekwondo UTA,  
28 Robert Kay Place,  
The Inches,  
Larbert,  
Stirlingshire,  
FK5 4FQ**

Completed application forms may also be emailed to: [info@centralkd.co.uk](mailto:info@centralkd.co.uk)

The organisers will endeavour to send a confirmation email of your entry as soon as we receive them.

## **ENTRY FEES**

### **Individual competition:**

£20.00 - A Class - 1<sup>st</sup> Dan / Poom and higher

£15.00 - B Class - Class: 1<sup>st</sup> Kup – 4<sup>th</sup> Kup

£15.00 - C Class - Class: 5<sup>th</sup> Kup – 9<sup>th</sup> Kup

### **Pair Competition (per person):**

£8.00 – A Class

£5.00– B/C Class

### **Team Competition (per person):**

£8.00 – A Class

£5.00– B/C Class

## CATEGORIES

### **A CLASS DIVISIONS** - Dan Grades

<b>Individual</b> ( <i>Male &amp; Female</i> )		
Division	1 <sup>st</sup> Compulsory Poomsae	2 <sup>nd</sup> Compulsory Poomsae
Cadet -13 yrs (Born 1997 or later)	Taeguek 4,5,6,7 Jang	Taeguek 8 Jang, Koryo, Keumgang, Taebaek
Junior 14 – 18 yrs (Born 1992-1996)		
1 <sup>st</sup> Senior 19 - 30 yrs (Born 1980-1991)	Taeguek 6,7,8 Jang Koryo	Keumgang, Taebaek, Pyongwon, Shipjin
2 <sup>nd</sup> Senior 31 – 40 yrs (Born 1970-1979)		
1 <sup>st</sup> Master 41 – 50 yrs (Born 1960-1969)	Taeguek 8 Jang, Koryo, Keumgang, Taebaek	Pyongwon, Shipjin, Jitae, Chonkwon
2 <sup>nd</sup> Master 51+ yrs (Born 1959 or before)	Koryo, Keumgang, Taebaek, Pyongwon	Shipjin, Jitae, Chonkwon, Hansu

<b>Pairs</b> ( <i>1 Male &amp; 1 Female</i> )		
Division	1 <sup>st</sup> Compulsory Poomsae	2 <sup>nd</sup> Compulsory Poomsae
Cadet Pair – 13 yrs (Born 1997 or later)	Taeguek 4,5,6,7 Jang	Taeguek 8 Jang, Koryo, Keumgang, Taebaek
1 <sup>st</sup> Pair 14-35 yrs (Born 1975-1996)	Taeguek 6,7,8 Jang, Koryo	Keumgang, Taebaek, Pyongwon, Shipjin
2 <sup>nd</sup> Pair 36+ yrs (Born 1974 or before)	Taeguek 8 Jang, Koryo, Keumgang, Taebaek	Pyongwon, Shipjin, Jitae, Chonkwon

<b>Teams</b> ( <i>3 Males or 3 Females</i> )		
Division	1 <sup>st</sup> Compulsory Poomsae	2 <sup>nd</sup> Compulsory Poomsae
Cadet Team – 13yrs (Born 1997 or later)	Taeguek 4,5,6,7 Jang	Taeguek 8 Jang, Koryo, Keumgang, Taebaek
1 <sup>st</sup> Team 14 – 35 yrs (Born 1975-1996)	Taeguek 6,7,8 Jang, Koryo	Keumgang, Taebaek, Pyongwon, Shipjin
2 <sup>nd</sup> Team 36+ yrs (Born 1974 or before)	Taeguek 8 Jang, Koryo, Keumgang, Taebaek	Pyongwon, Shipjin, Jitae, Chonkwon

Full WTF Rules. Competitors must be minimum 1st Dan/Poom grade.

Cut-Off System will be as follows:

1st Round: If there are over 18 competitors in a division then they will start in this round.

2nd Round: The top 50% of the competitors (9-18 competitors) with the highest scores from the 1st round will qualify for this 2nd round (including competitors with equal scores) (possibility for extra rounds in case of equal scores to qualify for the finals)

Final: The top 6 competitors (with the highest scores) from the 2<sup>nd</sup> round will qualify for this round. Divisions may start in the final if there are 8 entrants or less. 9 entrants or more will start in the 2nd Round.

1st Round – will be two poomsae from the 1st Compulsory section of the table.

2nd Round – will be two poomsae from the 2nd Compulsory section of the table.

Final Round: Two poomsae will be required and may be performed with a one minute rest period in between.

The two poomsae for the final will be the two poomsae remaining in the 2nd compulsory section. All competitors must perform the set poomsae and if they cannot they will be disqualified.

All poomsae shall be chosen, set and announced by the organising committee 3 days before the competition.

## **B CLASS DIVISIONS** - 4<sup>th</sup> Kup Blue Belt to 1<sup>st</sup> Kup Black Tag

<b>Individual</b> <i>(Male &amp; Female)</i>	
Division	Compulsory Poomsae
Peewee up to 9 yrs	<p style="text-align: center;">Competitors choice of Poomsae From Taegeuk 3 to Taegeuk 8</p> <p>If 9 competitors or more: Two poomsae to be performed in first round (top 6 to progress), and one further poomsae in the final. A poomsae cannot be repeated in the final. If 8 competitors or less: Straight to final, two poomsae performed</p>
Cadet 10 - 13 yrs	
Junior 14 – 17 yrs	
1 <sup>st</sup> Senior 18 - 35 yrs	
2 <sup>nd</sup> Senior over 36 yrs	
<b>Pairs</b> <i>(1 Male &amp; 1 Female)</i>	
Division	Compulsory Poomsae
1 <sup>st</sup> Pair up to 15 yrs	<p style="text-align: center;">Competitors choice of Poomsae From Taegeuk 3 to Taegeuk 8</p>
2 <sup>nd</sup> Pair over 16 yrs	
<b>Teams</b> <i>(3 Males or 3 Females)</i>	
Division	Compulsory Poomsae
1 <sup>st</sup> Team up to 15 yrs	<p style="text-align: center;">Competitors choice of Poomsae From Taegeuk 3 to Taegeuk 8</p>
2 <sup>nd</sup> Team over 16 yrs	

## **C CLASS DIVISIONS** - 9<sup>th</sup> Kup Yellow Tag to 5<sup>th</sup> Kup Blue Tag

<b>Individual</b> <i>(Male &amp; Female)</i>	
Division	Compulsory Poomsae
Peewee up to 9 yrs	<p style="text-align: center;">Competitors choice of Poomsae From Taegeuk 1 to Taegeuk 6</p> <p>If 9 competitors or more: Two poomsae to be performed in first round (top 6 to progress), and one further poomsae in the final. A poomsae can be repeated in the final. If 8 competitors or less: Straight to final, two poomsae performed</p>
Cadet 10 - 13 yrs	
Junior 14 – 17 yrs	
1 <sup>st</sup> Senior 18 - 35 yrs	
2 <sup>nd</sup> Senior over 36 yrs	
<b>Pairs</b> <i>(1 Male &amp; 1 Female)</i>	
Division	Compulsory Poomsae
1 <sup>st</sup> Pair up to 15 yrs	<p style="text-align: center;">Competitors choice of Poomsae From Taegeuk 1 to Taegeuk 6</p>
2 <sup>nd</sup> Pair over 16 yrs	
<b>Teams</b> <i>(3 Males or 3 Females)</i>	
Division	Compulsory Poomsae
1 <sup>st</sup> Team up to 15 yrs	<p style="text-align: center;">Competitors choice of Poomsae From Taegeuk 1 to Taegeuk 6</p>
2 <sup>nd</sup> Team over 16 yrs	

## **FURTHER INFORMATION**

### **Awards**

Specially designed and cast “Scottish Open” medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place in each category.

There shall also be 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Place overall team trophies based on number of medals won by each team.

### **Dress**

Competitors may only compete wearing full WTF uniform. Jewellery is strictly not permitted. Judges to wear grey trousers, white shirt and dark tie with Taekwondo shoes.

### **Hall Rules**

Only competitors and their coaches shall be admitted to the contest areas.

### **Spectators Admission**

£5.00 Adults

£3.00 Under 13s

£12.00 Family of 4

### **Guests Coaches/Competitors**

1 coach per club/team (per 6 competitors) will have free admission.

### **Local Hotels**

Premier Inn – Falkirk East

Beancross Road

Falkirk FK2 0YS

08701-977098

5 minutes from Sports Complex

Premier Inn – Falkirk North

Bowtrees Roundabout

Falkirk FK2 8PJ

08701-977099

10 minutes from Sports Complex

Premier Inn – Larbert

Glenbervie Business Park

Bellsdyke Road

Falkirk FK5 4RX

0870-990-6550

15 minutes from Sports Complex

# SCOTTISH OPEN POOMSAE CHAMPIONSHIPS 2010

## APPLICATION FORM

NAME: \_\_\_\_\_ SEX: MALE / FEMALE (Please circle)

ADDRESS: \_\_\_\_\_

EMAIL: \_\_\_\_\_ TEL: \_\_\_\_\_

CLUB: \_\_\_\_\_ COACH: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

BTCB NUMBER: M \_\_\_\_\_ BTC NUMBER: A \_\_\_\_\_ EXPIRY DATE: \_\_\_\_\_

GRADE: \_\_\_\_\_ CLASS A / B / C (Please circle)

### Tick Categories entered:

#### Individual

Peewee (Kup Only)	Cadet	Junior	1 <sup>st</sup> Senior	2 <sup>nd</sup> Senior	1 <sup>st</sup> Masters (Dan Only)	2 <sup>nd</sup> Masters (Dan Only)

#### Pairs

Cadet Pair (Dan Only)	1 <sup>st</sup> Pair	2 <sup>nd</sup> Pair

Enter name of pairs partner: \_\_\_\_\_

#### Synchron Team

Cadet Team (Dan Only)	1 <sup>st</sup> Team	2 <sup>nd</sup> Team

Enter names of team members: \_\_\_\_\_

### Entry Fee

Individual £20 (Dan Grades) / £15 (Kup Grades) £: \_\_\_\_\_

Pair £8 per person (Dan Grades) / £5 per person (Kup Grades) £: \_\_\_\_\_

Team £8 per person (Dan Grades) / £5 per person (Kup Grades) £: \_\_\_\_\_

**TOTAL (cheques payable to CENTRAL TAEKWONDO) £: \_\_\_\_\_**

*I confirm that the details above are correct and the above named has full valid BTCB Insurance membership. No claim whatsoever will be made against the organisers, the UTA or the BTCB. I hereby accept full responsibility for any loss or injuries sustained at this event. By entering this event I agree to the announcement of the results with names and photographs being reported on the internet and printed media.*

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(parent or guardian if under 18 yrs)

Send with entry fee before **23<sup>rd</sup> September 2010** to:

Central Taekwondo, 28 Robert Kay Place, The Inches, Larbert, Stirlingshire, FK5 4FQ

Or by email to [info@centraltkd.co.uk](mailto:info@centraltkd.co.uk)